

The Caveman School of Wrestling Two Day Clinic

At

Kage Fit

July 13-14 9Am-3PM

**The Caveman is coming to Alabama
for the first time. Normally this is a
\$200 camp being offered through
Kage Fit for \$80!**

Caveman Wrestling Philosophy

Simplicity

Make 4 moves look like 16.

Efficiency

**Any Wrestler no matter what their skill level can
be successful with low risk high reward moves**

Universality

Be a threat to score from any position

Coach Adrian Anderson learned from the best to create a system which produced 11 State Champions multiple All-Americans and over 80 State Placers in an area with no middle school or feeder system for wrestling. He amassed a 404-84 record including a State Championship and multiple top 10 finishes in Georgia's toughest division. You will get more useful and detailed instruction than most four day \$500 camps offer. Plus the world famous Caveman Wrestling T-shirt! Camp is limited to 30 participants so sign up today!