



AYWO-AAU Girls Championship
February 4th, 2024
Thompson High School
1921 Warrior Parkway, Alabaster, AL 35007
[Google Map](#)

Please Read Entire Flyer & direct questions to your coach.
They are your best source of information.

Registration DEADLINE: Wednesday, January 31st, at 2:00 pm CST

****This event will be Live Streamed****

Wrestlers will need their [AAU Card](#) and [Trackwrestling](#) number to pre-register. Tournament fee is paid online. This event is not seeded and all wrestlers are randomly drawn into a bracket by track wrestling. Remember to select a skill level when registering.

Registration cost \$30.00
Pre-Registration DEADLINE: Wednesday, January 31st at 2:00 pm CST
No Late Registrations
[Pre-Register Now!](#)
Entrance Fees: \$10 per person, under 3 free

Weigh Ins

Friday Night Weigh-ins 6 pm – 8 pm: Warrior Wrestling Club, 2469 Hwy 31 Calera, AL 35040

Saturday Site Weigh-ins: 5 pm to 7 pm at Thompson High School – is this right

Sunday site weigh-ins: 7 am – 8 am at Thompson High School

***Girls are allowed to weigh-in on either Friday at Warrior Wrestling Club or Saturday or Sunday at the host location. They may not weigh-in more than 1 time**
If a wrestler busts weight they will not be able to compete

Tournament Host: Shad Rissler, shadrissler@gmail.com
Tournament Operations Director: Ben Wanagat, ben@tournamenttruck.com

Information

Alabama Residents ONLY

All wrestlers must weigh in wearing a singlet.

All wrestlers will get a 1-pound weight allowance at weigh ins

Each team will be allotted 4 coaches for the first 20 wrestlers then, 1 for every 5 wrestlers up to 40 wrestlers . Any coach over the limit of coaches per wrestler may purchase a 15.00 coaches' band for mat access only.

AYWO Standards will be used for age divisions and weight classes.

All final matches for each division will start at the conclusion of the bracket and will not be held till the end of the event.

Medal ceremony will follow each weights final match.

Coaches must maintain a visible AAU Card to be allowed on the mats and in the hospitality room. Only two coaches are allowed in the corner during a match.

no coolers. wrestlers may bring drinks however

Sunday February 4th Wrestling Schedule

All divisions begin at 9 am CST

TOT: 35,40,45,50,55,60,65,70,75,90

Bantam: 40,45,50,55,60,65,70,75,80,90,105,115,130

Midget: 50,55,60,65,70,75,80,85,90,95,103,112,120,130,150,180

Novice: 60,65,70,75,80,85,90,95,100,105,112,120,130,140,160,180,205

SchoolGirl: 70,75,80,85,90,95,100,105,110,115,120,125,130,135,140,145,152,160,171,189,220,250

This event is licensed by the Amateur Athletic Union of the U.S.,Inc.

All participants must have a current AAU membership.

AAU membership is not included as part of the entry fee to the event.

AAU Youth Athlete membership must be obtained *before* the competition begins. BE PREPARED!

**Adult and Non-Athlete memberships are no longer instant and cannot be applied for at event. Please allow at least 10 days for membership to be processed.