

# VOLUNTEERS NEEDED NOW!



*TAYW Region 3 Youth Championships*

**Saturday: January 24, 2026**  
**Opelika High School**

## WE NEED YOUR HELP

The TAYW Region 3 Youth Championships are fast approaching, and we need to fill several **critical volunteer positions** to run the tournament smoothly.

At this stage, **every opening matters**. Even helping for an open shift or single donation makes a real difference for our wrestlers, coaches, officials, and visiting families.

### HOSPITALITY ROOM

- Food Items
- Drinks
- Utensils
- Condiments

### TOURNAMENT WORKERS

- Setup/Cleanup
- Hospitality Room
- Table Help
- Awards / Runner Support

Scan to Sign Up



Scan to Sign Up



Thank you for supporting our Regional Tournament!

Coach Clem



# YOUTH MATCHUPS SATURDAY!

## WarZone Style Live Wrestling!



***No refs. No scores. Just matches!***

**Date:** Saturday: January 17, 2026

**Time:** 9:00-11:00 AM

**Location:** Auburn Takedown Wrestling Club  
1901 Lee Road 10, Auburn, AL 36832

**Description:** A live wrestling session for youth wrestlers focused on **high-repetition** match experience in a **low-pressure, development-first** environment.

### **Schedule**

9:00-9:15 – Group Warm-Up

9:15-11:00 – Live Wrestling

### **Who Should Attend**

Youth wrestlers who want:

- More match reps
- More confidence
- More mat time

### **Cost & Registration**

**FREE!**- No Registration Required  
**Just Show Up!**

### **Session Format**

- WarZone “style” live wrestling
- No referees. No scoring. No awards.
- Matches: 3 x 1-minute periods
- Rotate partners freely
- Natural breaks for rest, water, and coaching
- Coaches welcome mat-side

### **Capacity Note**

Mat space is limited

Planning for approximately 50-70 wrestlers

**Host:** Auburn Takedown Wrestling Club

**Contact:** Clem Tanaka

[clemster@aol.com](mailto:clemster@aol.com)

(334) 728-1209



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